

“SELF MASTERY” with Hilary Franklin

A New Course for Women in “BECOMING YOUR OWN MASTER”

A Journey towards Divine Feminine Empowerment

MODULE 1 - A New Cycle Of Life

- *Letting go of patterns which no longer serve you*
- *Letting go of ways in which you relate to others*
- *Listening to your inner voice*
- *Letting go of self judgement*
- *Speaking your truth – skills in how to speak your truth in a loving way*
- *Dealing with difficult relationships*
- *Getting to know yourself better & healing the inner child*

MODULE 2 - The Next Stage Of Your Journey

- *Developing a strong witness consciousness*
- *Seeing your new pathway*
- *Reaching into your heart space and honouring yourself*
- *Releasing beliefs about manifestation*
- *Understanding your personal destiny*
- *Developing your personal power*

MODULE 3 - Your Personal Dream

- *Bringing your dream into reality & following your hearts desire*
- *Unblocking your creativity – the sexual energy centre*
- *Freeing yourself in order to manifest abundance*
- *Developing personal power and confidence to ask for what you need*
- *Being more of who you truly are*